



Sign up for
January 2020



Handwriting Heroes

An Occupational Therapist Led Group Program

Handwriting is an essential skill for school but many children have difficulty with it. It's understandable as there are so many crucial skills required to write and form letters such as:

- Posture
- Hand strength
- Visual motor integration
- Hand eye coordination
- Dexterity
- Pencil grip
- Line placement
- Letter formation
- Organisation
- Time management
- Attention

Participants can be children through to adolescence who identify having difficulties with any of the above or who just want to make some social connections and have FUN.



Develop Handwriting skills, have FUN,
play GAMES and make FRIENDS.

We aim to teach and promote these skills in our **HANDWRITING HEROES** group which is run over 8 sessions by our skilled Occupational Hand Therapist and includes pre and post assessment.

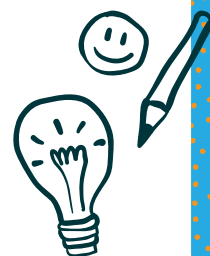
Our skilled Occupational Therapist will allocate participants into groups according to school year level and goals.

Register

To register or enquire please contact our Paediatric Team Leader, Lily Pointon on 03 5022 0955 to discuss referrals or email limelegends@lime-therapy.com.au

Program

- 1 hour individual pre-assessment
- 8 x 1 hour group sessions
- 1 hour post assessment (including individual recommendations)



Funding available through NDIS, Medicare, TAC
Private paying individuals please contact us to discuss fees.

