LIME LEGENDS
Allied Health service for kids

Adult Social Club

This adult social group fits seamlessly within Lime Therapy's values and goals to help people with disabilities to participate in the community, develop their communication skills to be able to build and maintain meaningful relationships, comfortably communicate in the community, and have their needs met easier by increasing their expressive communication skills.

Our Speech Pathologist and Occupational Therapist will provide a specialised group designed around individual goals that aim to:

- A fun, social, entertaining evening with peers and support to meet and greet, initiate & maintain conversation topics, teamwork, art, music and more.

- Learn how to turn ingredients into delicious meals - before you know it culinary skills will be 10/10 with shaping the perfect dumpling, becoming a pizza making protégé while creating memorable and delicious dishes you can make at home, share with friends and family.

- A safe space for young adults to engage with their peers with the support of our passionate, caring, interesting, and super fun speech pathologist and occupational therapist.

Funding available through NDIS, Medicare, TAC
Private paying individuals please contact us to discuss fees.

The purpose of this group is to create a space to expose these individuals to their peers, and explicitly learn strategies and tools to use in social situations, and then practice these skills.

Skills include;

- Conversation skills such as turn-taking, greeting, maintaining conversation topics.

- Increase awareness of effective social skills and teamwork.

- Teach and practice life skills and communication strategies.

- Provide a safe space for young adults to engage with their peers.

Participants can be young adults between the ages of 18-29 years of age who identify with having difficulties with any of the above or who just want to make social connections and practice their skills.

Register

To register or enquire please contact our NDIS Intake Team on 03 5022 0955 to discuss further or email ndis@lime-therapy.com.au

Program

- 7 x 120 minute group sessions

limetherapy
occupational therapy

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speech therapy