

LIME LEGENDS

Allied Health service for kids



Occupational Therapy

The Occupational Therapy team at Lime Legends are invested in your child achieving their goals and help them to achieve what's important to them and you. Occupational Therapists help kids thrive by building sensory, learning, behaviour, motor, social, independent and development skills.

How do we do it?

- We develop individualised therapy plans that target identified goals.
- Our team is skilled in a variety of therapy approaches and will select the best fit for you and your family.
- We use play to engage each child to support their participation, learning and skill development.
- We work with parents and carers and use capacity building to support you to learn the skills you need to nurture independence across all environments.



Funding available through NDIS, Medicare, TAC

Private paying individuals please contact us to discuss fees.

What we aim to do:

Paediatric Occupational Therapists are health professionals who are able to provide comprehensive services for children who may be having trouble in the following areas:

- Self-care or activities of daily living (brushing teeth, buttoning clothes, using cutlery, following routines, dressing etc)
- Hand-eye coordination
- Fine motor skills (grasping and controlling a pencil, using scissors)
- Gross motor skills (catching and throwing a ball, working on core muscle strength for sitting posture)
- Planning and organization (helping a teen plan and pack bag for school camp, using a calendar for organising tasks for the week)
- Sensory responses (helping kids with sensory processing issues respond to sensory input in more comfortable ways)
- Emotional regulation and social skills (understanding social boundaries, feelings and how we express emotions)
- Behaviour support (managing challenging behaviour and assessments of environmental triggers)
- Home assessment and equipment prescription



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